December 2020 V4



RockfordSexualAssaultCounseling.org



Services due to COVID, update on page 7.

Raising Hope with RSAC

October 19- December 11



Fundraising in 2020. More on page 4!





Changes in 2021! More on page 2 & 3.





Maureen Mostacci, Executive Director

The Final Note

2020 has been like no other and change has been the only constant. The RSAC Board and staff have worked hard to keep services available and accessible for survivors and their families. As we come to the end of the year, I wanted to share that I will be retiring as the Executive Director at RSAC at the end of December. I started with RSAC as a Volunteer Advocate many years ago and realized I had a passion for the work that RSAC does in the community. I have had the good



fortune of being mentored by many talented people along the way and hope that I have been able to share that knowledge with others. I want to thank the Board for being supportive and allowing the agency to grow and seek creative ways to move the mission of the agency forward. I have had the opportunity to work with some great people, and I would like to thank the staff whose hard work, passion and drive have brought the agency to where it is today. While I will miss RSAC, I look forward to what the future will bring. To everyone, happy holidays and have a safe and peaceful New Year.

- Maureen Mostacci, LCSW



From RSAC Board & Staff,

Maureen, thank you for all that you have done over the many years at RSAC. We wish you well in retirement!

Introducing Erica Engler

New RSAC Executive Director

2020 has been quite the year! Besides the many world events that have occurred this year, RSAC is now having to say goodbye to Maureen Mostacci, who has been our fearless leader for over 27 years. While we are excited for her to start enjoying her upcoming retirement, we also know that it's going to be an adjustment without her. I've had the good fortune to learn from Maureen for over 16 years at RSAC, the last 9 years serving as Clinical Director. She has been a wonderful teacher for me both professionally and personally and has prepared me to step into the Executive Director position when she leaves on December 31st. Her shoes will be hard to fill, but I look forward to continuing the work of RSAC and helping to heal the survivors and families we serve!



Introducing Sarah Meyers

New RSAC Clinical Director

I am also pleased to announce that Sarah Meyers will be stepping into the role of Clinical Director. Sarah has devoted over 18 years to RSAC and has mentored many therapists in those years. Sarah has a great deal of experience and training in different areas, and I look forward to her taking on this role and making it her own!

While change can be difficult, I am confident that RSAC will be able to continue the work we are charged to do in our community through this transition. The incredible team of staff, volunteers, and board members at RSAC

gives me that confidence! They are a dedicated group of amazing people and it is my honor to work alongside them in service to survivors. They have taught me so much over the years and impressed me with their dedication, gifts, and talents! I look forward to the continued work we will do together.

Thank you all for your continued support of RSAC, and I wish you all a peaceful and safe 2021!

-Erica Engler, LCPC

Dispelling the Darkness

A Tribute to Survivors

Dispelling the Darkness, a new fundraiser for RSAC in 2020, showed to be a successful event both monetarily and for survivors.

Feedback from the event brought much praise, including some survivors stating that it helped them feel not so alone. Many times a survivor isn't believed and is isolated from their friends and family. Hearing that our message of not being alone reached one person, means that our event was successful.

We are grateful that many people participated in the event by lighting their candles and sharing them on our Facebook page. Many people viewed the live vigil through our Facebook page as well. Guest speakers included Mayor Tom McNamara,

Jenn Cacciapaglia, & Amanda Nguyen, a rape survivor who has moved mountains

with her resiliency and advocacy.

We will bring Dispelling the Darkness back again next year, and hope to continue to do so every year.

Click here to view the Vigil on our YouTube Channel.

Contributions and Sponsorships







Raising Hope with RSAC

Facebook Raffle Group

Due to Covid-19, fundraising had to get a little creative this year! So, Raising Hope with RSAC was started to help raise funds!

This online raffle took place through a private Facebook group and each Monday through Thursday at 9AM CST, a new item was up for raffle. Each item had a set number of lines and each line cost a certain donation amount. You could purchase as many lines you would like. Once all of the lines were full, a raffle took place on Friday at 1PM. Winner would receive the item!

Many items were graciously donated from individuals, companies and stores. These donations are shared on page 6.



Please be on the look out for our next Raising Hope with RSAC next year, as we hope to make this an annual fundraiser!

CLICK HERE to check out the Facebook group!

Fundraise Your Heart Out

MOD Pizza on Super Bowl Sunday



Use the coupon code GR171045R to order online OR bring in the flyer to the select location and have 20% of your SUPER BOWL SUNDAY purchase go towards RSAC!

Use the MOD app or Website to order online.

1419 West Lane Rd, Suite D Machesney Park, IL 61115

February 7, 2021 10:30AM-9PM

View the flyer <u>here</u>.

Respond to the <u>Facebook event here</u>.

Dispelling the Darkness

Donations & Sponsorships

Vigil Sponsorships

Andrell Bragg-Shaw

John & Linda Underwood

Dr. Zak & Team

Marie Mejia (M&J Tax Service)

Royal & Bonnie Taylor

Blake Heinzeroth

City of Belvidere Company Representative: Daniel Arevalo

Dr. Elizabeth Mendeloff

Bridgett Coleman, CPA

Jan Benedict

Bradford Benedict

Terry & Paula Hancock

Christen Walker

Mary's By Design

Cody Berillo

Denise Purvis P.C.

Judge Gwyn Gulley

Other Anonymous Donors

Vigil Donations

Julia Gordon

Laura Penna

Craig Stallings

Michelle Taylor

Raia Arbisi

Sarah Roser

Maggie Watson

Marjorie Glaser

Rebecca Plascencia

Ben and Stephanie Eldridge

The Coomer Family

Faith Walkers Assembly

Leticia Wiley

Roxy Carmichael

Courtney Geiger

Jrm Hauling Inc Company

Representative: Renee Midgett

Dawn Derr/Sarah Roser

Cyndy Rehberg

Vicky Jacoby

Other Anonymous Donors

Location

First Free Church

Raising Hope with RSAC

Facebook Raffle Group

Daniel Faler of Lavelle's Woodburning

The Home Depot- Machesney Park

Target - State Street- Rockford

Lowe's- Rockford

The Home Depot- Rockford

640 Meats

Walmart at 3849 Northridge Dr. - Rockford

The Home Depot- Janesville

Big Timber Axe Throwing

Other Anonymous Donors



We are always accepting donations.

Make a Donation Now

View Our Wish List

Volunteer!

Rockford Sexual Assault Counseling, Inc. recruits volunteers to provide advocacy for victims of sexual assault or abuse and their families. Volunteers play an important role in helping victims feel they are not alone and not to blame for the assault or abuse.

Our agency provides a 40 hour training session for all volunteers. The topics discussed will include, but are not limited to: basic advocacy techniques, the Illinois Criminal Sexual Assault Law, medical care of the victim, crisis intervention, child sexual abuse, and community resources. Volunteers providing advocacy play a crucial role in providing crisis intervention services to victims of assault or abuse.

Requirements for becoming an RSAC volunteer:

- At least 18 years old
- Background check
- Available for on call two weekday evenings a month or one weekend day a month
- Have reliable transportation with insurance
- Have a phone

Fee for training class is \$40 to cover materials.

Scholarships are available.

Contact Gretchen Eldridge, our Volunteer Coordinator, to learn more!

GEldridge@rsacil.com

OR Click Here!





BELIEVE IN

Services

COVID-19 Pandemic

This year has been, different, to say the least! RSAC is now offering virtual counseling for those clients that would like to participate. Phone and video counseling are available.

What hasn't changed is our crisis services. Our 24-Hour crisis hotline and 24-Hour medical advocacy is running as usual. Victim rights assert you have the right to have an advocate present. However, due to hospital guidelines, the way at which the advocate can be present varies hospital to hospital.

Contact Us!

Winnebago, Boone & Ogle Counties

Winnebago County

4990 E. State Street

Rockford, IL 61108

24 Hours: 815-636-9811

815-636-9811- 24 Hour Crisis Hotline

Boone County 860 Biester Drive, Suite 205 Belvidere, IL 61008 815-544-6821

Ogle County
412 W. Washington
Oregon, IL 61061
815-732-0000

Mission Statement

Rockford Sexual Assault Counseling, Inc. (RSAC) responds to the needs of victims of sexual assault/ abuse and their families/significant others through emergency services, emotional support, counseling, referral, advocacy, and education, and promotes awareness and understanding of sexual assault. The focus of RSAC is to provide services to survivors of sexual assault/abuse and to educate the community to reduce the risk of sexual violence.





RockfordSexualAssaultCounseling.org

Follow us on Social Media!



Happy Holidays From RSAC Staff

